

GREEN FABLABS SPAIN – 1 to 5 June

Sunday, 1 June

Centre Cívic Ter, Carrer de Can Sunyer, 46, 17007 Girona

Title of the session:

"Discovering Immersive Therapy: Technology in the Service of Wellbeing"

Description:

This session is dedicated to exploring and experiencing **Immersive Therapy**, an innovative therapeutic approach that uses immersive technology to create environments that enhance physical, emotional, cognitive, and social wellbeing. It is especially recommended for individuals with functional diversity, disabilities, dependency, or specific support needs.

Participants will discover how this technology can create meaningful experiences, improve mood, reduce stress or anxiety, stimulate cognitive functions, and encourage socialisation — always with a personalised, person-centred approach.

Led by:

The session will be conducted by the specialised team from **ISOM**, led by **Laura Cebrià**, along with professionals in psychology, social education, occupational therapy, and physiotherapy. The ISOM team has extensive experience applying immersive therapies in clinical, educational, and social settings.

Objectives:

- Understand what Immersive Therapy is and how it works.
- Learn about its therapeutic benefits for different groups.
- Personally experience an immersive therapy session.
- Reflect on its applications in social and educational settings.

Monday, 2 June

Centre Cívic Ter, Carrer de Can Sunyer, 46, 17007 Girona

Title of the session:

"Design Thinking for Sociocultural Projects: Creativity and Innovation with Impact"

Description:

This session focuses on **Design Thinking**, a practical and collaborative methodology that helps address real-world challenges in an innovative and people-centred way. It is especially suitable for those looking to create or improve sociocultural projects with a creative and transformative mindset.

All phases of Design Thinking will be explored — **empathy, problem definition, ideation, prototyping, and testing** — through dynamic and practical exercises tailored

to each participant's context. The workshop is based on the **learning by doing** approach, promoting critical thinking, collaboration, and idea generation with real value.

Led by:

Diana Pinos, a consultant and trainer with over 15 years of experience in creative innovation processes and co-creation for cultural, social, and educational organisations. Creator of the **Creativikit® method**, she is a regular collaborator with universities, foundations, and creative entrepreneurship programmes.

Objectives:

- Understand the key phases and tools of Design Thinking.
 - Develop creative skills to generate innovative solutions.
 - Apply the methodology to concrete sociocultural challenges.
 - Foster co-creation and teamwork as engines for change.
 - Inspire a new way of thinking and working with social impact.
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Tuesday, 3 June

Centre de Negocis, Ctra. de Sils, 39, 17430 Santa Coloma de Farners, Girona

Title of the session:

"Agile Methodologies and Co-creation for Sustainable Projects: From Theory to Practice"

Description:

This practical session will introduce participants to **agile project management methodologies**, particularly focusing on their implementation in **fablabs** and **living labs**. It will be a participatory workshop with spaces for both **individual and group co-creation**, blending hands-on learning with collective creativity. The atmosphere is experimental, dynamic, and often fun, with surprising and innovative outcomes.

Led by:

Oriol Costa Lechuga, with more than 25 years of experience in innovation, sustainability, and ecological transition. As director of **DynamisLAB** and **EcoRegió**, he has led over 100 projects involving public institutions, universities, companies, and civil society to create regenerative economic models.

He is currently the **Technical Director of the Girona Knowledge Region Foundation**, promoted by the University of Girona, the Girona Provincial Council, the City Council, and the Chamber of Commerce. He is also a trainer, speaker, and facilitator of innovative projects that promote sustainable economies and collective intelligence.

Objectives:

- Understand agile methodologies in project management.
- Experience co-creation dynamics in fablab and living lab contexts.
- Develop collaborative competencies for sustainable innovation.
- Stimulate creativity and collective intelligence in a fun and practical setting.

- Inspire new approaches to environmental and social challenges with a regenerative focus.
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Wednesday, 4 June

Centre Cívic Ter, Carrer de Can Sunyer, 46, 17007 Girona

Title of the session:

"Visual Thinking: From Thought to Image to Generate Clear and Shared Ideas"

Description:

This session will focus on **Visual Thinking**, a powerful tool for transforming complex ideas and information into clear, simple, and visual concepts. This hands-on workshop will help participants organise and visually express their thoughts, making it easier to generate ideas, communicate, and work in teams. It is especially useful for collaborative processes involving **thinking, dialogue, design, and action**.

Participants will learn visual techniques and resources to clarify and share ideas in a way that enhances creativity and communication within projects.

Led by:

Maria Batet, a teacher, entrepreneur, and expert in creativity and visual thinking. She works with entrepreneurs and teams as a trainer, coach, and visual facilitator. Maria collaborates with leading institutions such as **ESADE** and **Barcelona School of Management (UPF)**. With a practical and approachable style, she will help participants explore how to think and communicate better through images.

Objectives:

- Understand what Visual Thinking is and how to use it.
 - Learn how to simplify complex ideas into visual language.
 - Improve communication and creativity in group settings.
 - Develop the ability to generate and share impactful ideas.
 - Use visual thinking as a tool for project design and development.
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Thursday, 5 June

Various Locations: Can Clos (La Cellera de Ter), Amer

Title of the session:

"Field Visits and Local Inspiration: Cultural Fablab in Action"

Description:

On the final day, participants will visit **Can Clos** and various local spaces to explore real examples of how a **cultural fablab** has become a reference for the territory. The day will include meetings with local authorities and guided visits to discover how collaborative spaces can connect creativity, community, and sustainability in rural contexts.