

NEWSLETTER N°1



PROJECT 2024-1-DE02-KA220-ADU-000244259

PHAROS PROJECT

The aim of the project is to improve access to mental health services for migrants and refugees in Europe, with a particular focus on those displaced by the war in Ukraine.

THE OBJECTIVES

- Design a comprehensive lay mental health advisor training programme for adult migrants.
- Develop targeted training modules for adult educators and migrant support workers.
- Establish community-based peer support networks for migrants and refugees.

THE PROJECT PARTNERSHIP CONSISTS OF 6 ORGANISATIONS FROM 6 DIFFERENT COUNTRIES:

- INTEGRA FILDER E.V. (Germany) - Coordinator
- SOROS INTERNATIONAL HOUSE (Lithuania)
- Unofficial Media and Training Limited (Ireland)
- SOLUTION: SOLIDARITE ET INCLUSION (France)
- DRUZHESTVO ZNANIE (Bulgaria)
- DOREA EDUCATIONAL INSTITUTE (Cyprus)



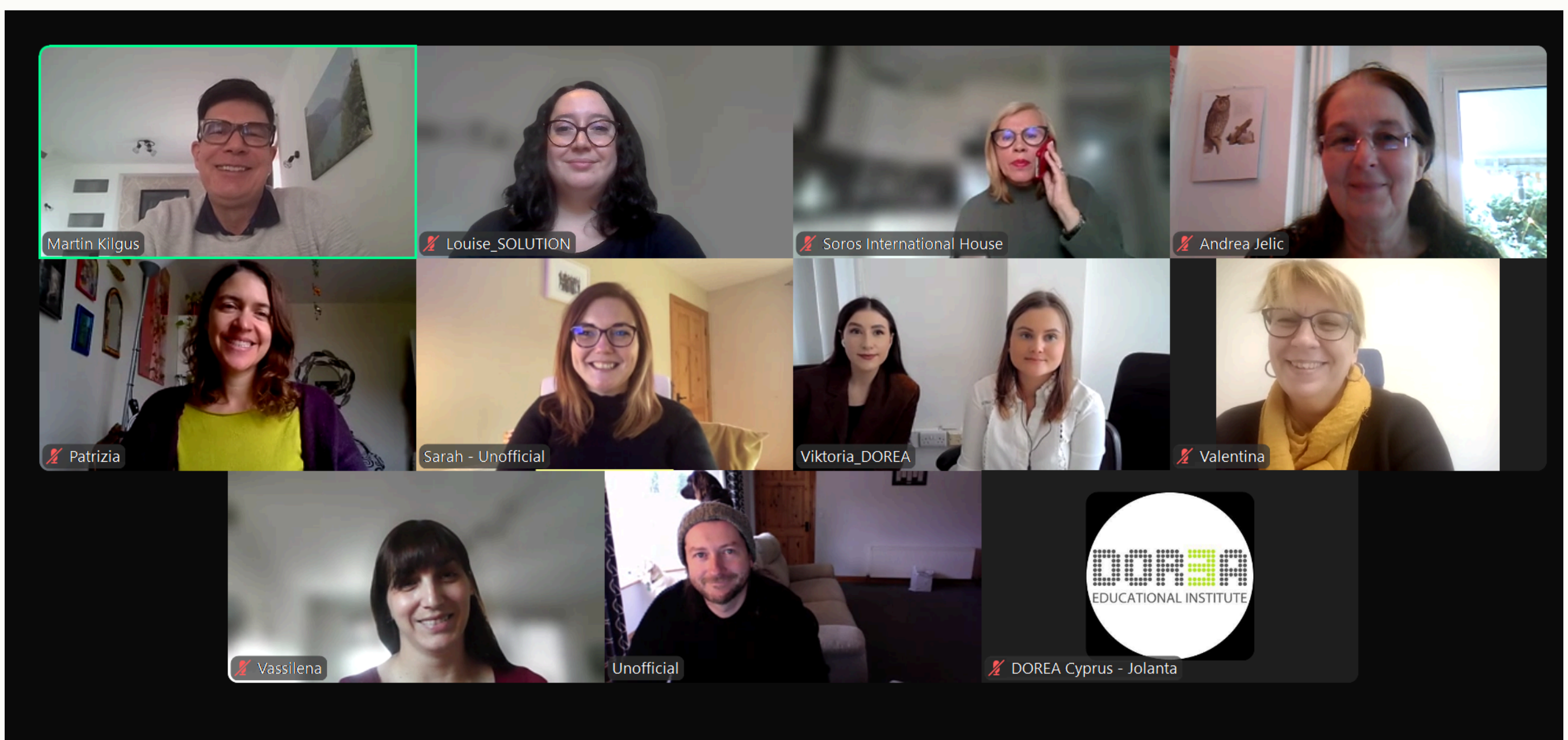
**Co-funded by
the European Union**

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

NEWSLETTER N°1

LAUNCH OF THE PHAROS PROJECT

The Pharos project was launched at a kick-off meeting on 19 November 2024. The partners took some time to introduce themselves, so as to fully understand each other's contribution to this ambitious project.



NEXT STEPS

The German coordinators, INTEGRA FILDER E.V., presented the project and its main objectives. We then set out the next stages of the work in a precise timetable.

The next stage of the project will be a meeting in Ireland in February to set up the lay mental health advisor training programme for adult migrants.



**Co-funded by
the European Union**

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.