



Entrepreneurship & Youth Empowerment

Competence Based Development Programme for Social Inclusion and Employment

INFOPACK KA2 – Blended Mobility

8 to 12 november 2021

Guimarães, Portugal



Funded by:



Co-funded by the
Erasmus+ Programme
of the European Union

Welcome to Portugal

Dear Partners,

We are looking forward to welcoming you to the EYE Project, which will take place in Guimarães.

- Blended Mobility: 8 to 12 of november 2021 (excluding travel days)

In this document, you will find all the information that may help you during your arrival and stay.

Please, read it carefully! Any question you may have, please contact:

- José Dias (jose.dias@proacting.org / +351 932138802)



Funded by:



Erasmus+



Co-funded by the
Erasmus+ Programme
of the European Union

Context

The problem of the social exclusion of young people and disintegration in the labour market as a consequence of the absence of key competencies for lifelong learning and of entrepreneurial thoughts and behavior encompasses severe and limiting effects:

Increase of:

- Number of young people in situation of exclusion and social disintegration;
- Number of young NEETs;
- Number of young unemployed.

Main Goals

- Empowering young people through the development of key competencies for lifelong learning and the adoption of entrepreneurial thoughts and behaviour;
- Young entrepreneurship, through the transfer of knowledge and methodologies, methods and tools to start new work;
- Social inclusion of young people by creating opportunities and enabling them to integrate into the labor market;
- Empowering social agents for the work of social inclusion and youth entrepreneurship;
- The potential of the NFE methodology in the empowerment and personal, social and professional development of young people;
- Provide educational institutions with competencies for the incorporation of complementary actions to formal education for the personal, social and professional development of young people.

Budget

About the management of the travel of the participants, we have the following proposal:

- Each partner organization takes on the responsibility of buying the travel for the participants.

The Erasmus+ program has established the financial contribution by the rule of allocation. In the following table, we present a table with the funding for each partner organization:

ORGANIZATION

Proacting (PT)
University of Porto (PT)
PAR Institute (HR)
FURIM Institute (NO)
DOREA Institute (CY)

BUDGET

00,00€/pax
00,00€/pax
275,00€/pax
360,00€/pax
530,00€/pax



Where

Guimarães is a Portuguese city located in the District of Braga, with a population of 54,097 inhabitants, spread over an urban network of 23.5 km², in 20 parishes and with a population density of 2223.9 km².

Guimarães is one of the most important historic cities in the country, with its historic center inscribed on the UNESCO World Heritage list since 2001.





Accommodation

We will stay at HI Guimarães – Pousada de Juventude where we will have bedrooms with 6 beds each.

It is located 8 minutes from historical city center, by walking.

The rooms will be assigned according to gender and country.



Food

The breakfast will be at the hotel and the meals will be provided in PAPERICOS

Please, if you have any food restrictions, let us know so we can alert the food service in time.



VAT NUMBER: 515 385 166

To reimburse you for the costs, you need to keep all boarding tickets (plane, metro, train) and invoices. Be aware that the amount to be refunded corresponds to the exact price that you have been spent.

DO NOT FORGET to ask for the invoices with the VAT number. Without this, we cannot refund you!

Participants Profile



Blended Mobility

- Aged between 18–30;
- Belonging to underrepresented social groups;
- With fewer opportunities;
- Attending higher education (preferably in transition to the labour market);
- Motivated to participate in the project;
- With the ability to disseminate the results with other young people.

Mobilities - Participants

5 MEMBERS FROM EACH ORGANIZATION

- **25 PARTICIPANTS IN TOTAL**

**Blended Mobility:
8 to 12 november 2021
(+2 days of travel)**

Arrival and Departure

**Blended Mobility:
8 to 12 november 2021
(+2 days of travel)**



We kindly ask you to arrive on the 7th, until 6 pm, as we already have booked dinner for 8:00 pm.

Since the hotel is booked until the 13th at 12 am, if you want to stay another night, remember that we can't cover your extra night.



Preferential Francisco Sá Carneiro
Airport – Oporto Airport



Option 1: At the airport bus station, take the direct bus (<https://www.getbus.eu/en/>) – Round trip is 14€

Option 2: Porto Airport Metro – A-Line (Campanhã) (You need to catch the subway in the airport and buy a card (0,50€ and the trip z4-2€) This card is reusable. Keep it! In Campanhã you will go to the train station and catch the train to Guimarães (<https://www.cp.pt/passageiros/en>) (ticket is 3,25€)

Tips

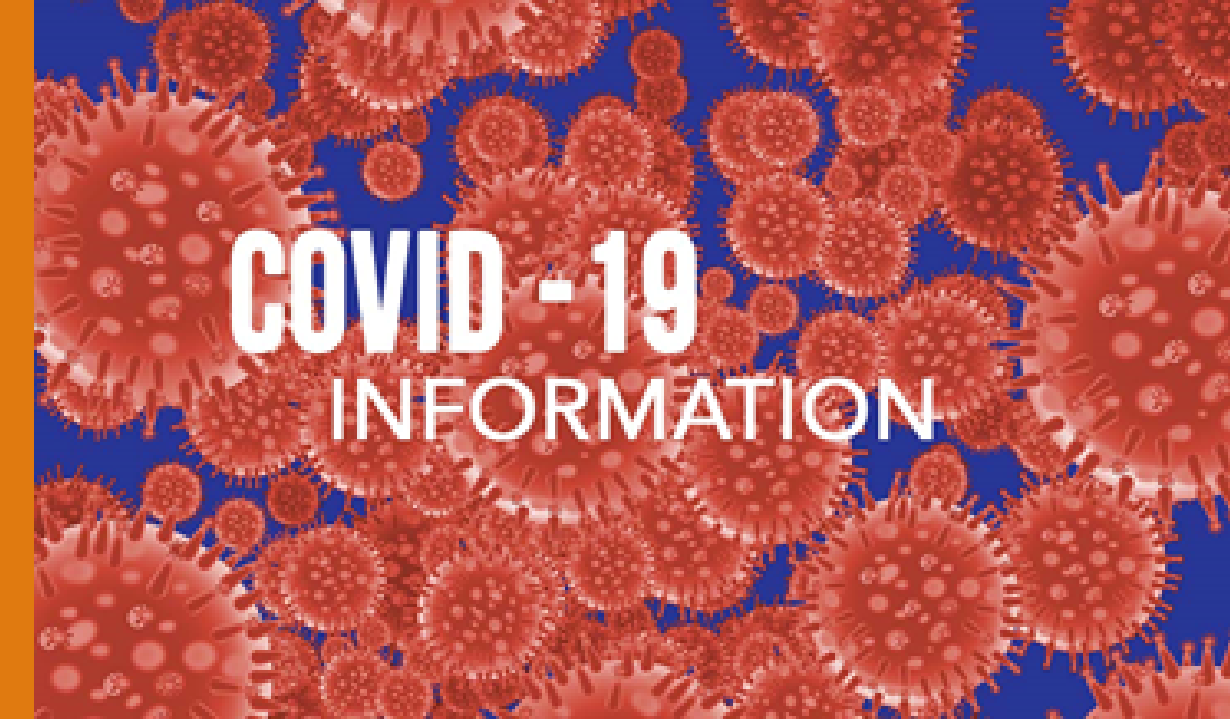
Local currency

Our national currency/money is EURO.

- You can exchange your money at the airport but depends on availability.
- A lot of places in the city (like restaurants and some stores), only allow money.



Covid-19 Information



- We guarantee alcohol gel for disinfecting hands
- It is mandatory to maintain a safety distance of 2m.
- We try to guarantee quick tests to Covid 19 on arrival and in the middle of the project.
- The use of masks is mandatory throughout the project period.
- We guarantee masks throughout the project period, but it is preferable if you can bring your own.
- We do not assume the cost of Covid-19 test to participants who need to enter Portugal or return home.
- All care and recommendations will be strictly followed by DGS – General Directorate of Health of Portugal

Do not forget!



ID Card /
Passaport



European
Health Card



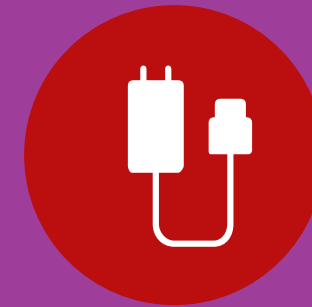
Small
Umbrella



Clothes
appropriate
for the
weather



Boarding
Tickets



Phone
Charger



Mask

Important Contacts



Emergency Number
112



Táxi
+351 225 076 400



José Dias
+351 914953393



Entrepreneurship & Youth Empowerment

Competence Based Development Programme for Social Inclusion and Employment

Funded by:



Co-funded by the
Erasmus+ Programme
of the European Union