

Speak up, we are listening!

Youth Workers Training Course

4/4/2020 – 13/4/2020

Limassol, Cyprus



Erasmus+



INTRODUCTION

The “Speak up, we are listening” project idea was developed based on what we saw - many youth workers, trainers and organisations have a lot of ideas and knowledge to share and have many hot topics/issues they will like to speak about to reach public and spread awareness as well as to reach youngsters. However, many of them are lacking public speaking skills in order to attract the attention of the youth and people from vulnerable backgrounds.

Thus, the project is designed so that the youth workers could not only to **improve their public speaking skills** but also to **share their knowledge** obtained during the course to the target audience.

The aim of this project is **to empower youth workers** and youth to present and **raise awareness** on the contemporary hot issues, **encourage dialogue and acceptance** through improvement of public speaking skills and advocacy tools.





MAIN OBJECTIVES

- To increase awareness among youth workers, trainers, youth and youth organisations about the **importance of public speaking and storytelling** in their work and daily lives;
- To provide knowledge to youth workers, trainers, youth and youth organisations on how to **prepare and deliver a presentation and speech** with a clear message to achieve their goals;
- To provide youth workers with tools and methods to share gained knowledge with youth – ensure empowerment of youth including **people with fewer opportunities** by improving public speaking skills so that the target audience can successfully **advocate for issues and rights**, and concerns that are close to them;
- To disseminate the knowledge acting as multipliers and share the skills acquired during the **Training Course by youth workers** delivering public speaking workshops for youth in their organisations during the Local Action Phase;

5 MODULES OF TRAINING





- **PREPARE A SPEECH:**

Participants will have the opportunity to learn how to organize for a prepared speech within a specific time frame .

- **DELIVER A SPEECH:**

Participants will have the opportunity to present their speech in a bigger audience and receive feedback for improvement in person by the trainer.

- **EVALUATE A SPEECH**

Participants will learn how to evaluate other speeches and how to give feedback to the speaker.

- **STORYTELLING**

Participants will learn how to prepare an interesting story to share in pairs, so as people to feel connected.

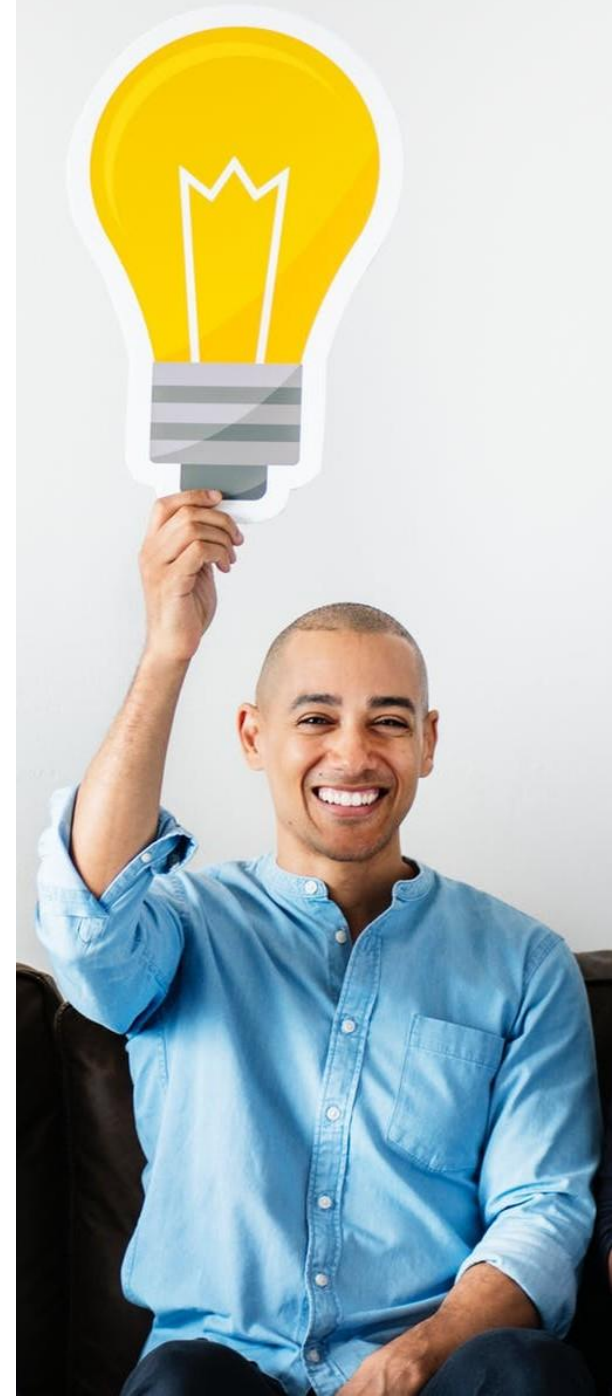
- **SHORT TOPICS ON IMPORTANT ISSUES FOR YOUTH**

Each participant will receive a random topic/scenario which they have 30sec to prepare and 1-2min to deliver a speech.

PARTICIPANT'S PROFILE

The training is for you if:

- You have **personal motivation** for mobility
- You are dedicated to **working with young people** in your local community
- You have the basic knowledge of facilitation of **non-formal learning** processes
- You have a desire to apply competences in developing new **non-formal education tools** that would increase **public speaking & advocacy**
- You have at least **B1 English language level**
- You are not afraid to **speak in public**
- You want to know how to prepare an effective public speech & use advocacy as a tool to **raise awareness**
- You want to know how to build and **promote inclusive societies**



YOUR INVOLVEMENT

By applying for this training course you accept and agree to fully participate in all **3 phases of the project** that includes:

- 1) Establishing your own **Personal Learning Plan (PLP)** as a preparation before the training to fully participating in activities during the training
- 2) Taking a part in **8 days training**
- 3) Organising **follow-up workshop** about public speaking/advocacy in your country



DATES & COSTS



Dates: 04/04/2020 - 13/04/2020



Meals & Accommodation:
Provided by organiser (DOREA)



Travel Reimbursement:

If you are from **Georgia, Bulgaria, Greece and Ukraine** – **275 euros**

If you are from **Lithuania, Estonia, Poland, Spain** – **360 euros**

If you are from **Portugal** – **530 euros**

ACCOMMODATION

You will be **hosted and catered** at the MONIATIS hotel (triple & quadruple rooms) and the training will take place at the same hotel, thus allowing you to benefit of teamwork and exchanging good practices, etc.

 [More information](#)





TRAVELLING TO CYPRUS

Cyprus has 2 airports that participants can fly to:

- **Larnaca**
- **Paphos**

Both airports are approx. 60km from Limassol. There are busses and shuttles going from the airports to Limassol and journey usually takes 40 min.

Low cost airlines such as Wizzair fly to Larnaca and Ryanair to Paphos airports.

* No taxi, first class airplane tickets costs will be refunded.



[More information](#)

PROJECT PARTNERS

If you want to receive more details about the project before applying, feel free to contact our partner organization from your country of residence. Furthermore, you will get the confirmation letter with the practical details regarding the online preparation and the training itself. ***Do NOT book your tickets unless you receive a confirmation letter from us.***

- **DOREA EDUCATIONAL INSTITUTE (CY)** – info@dorea.org
- **BALTIC SELF-DEVELOPMENT CENTRE (LT)** – info@balticsdc.org
- **WALK TOGETHER (BG)** – walktogetherbulgaria@gmail.com
- **SOLIDARITY MISSION (GR)** – training@solidaritymission.org
- **HELPING HAND (GE)** – helpingvolunteer@gmail.com
- **AVATUD ÜHISKOND NGO (EE)** – info@uhiskond.ee
- **ZESPOL SZKOL ZAWODOWYCH NR 1 IM. KOMISJI EDUKACJI NARODOWEJ (PL)** – mcelinka@interia.pl
- **ASSOCIACIÓ GLOBERS (ES)** – nazareth@globers.net
- **ASSOCIAÇÃO SÓJOVEM DAS SAIBREIRAS (PT)** – lramalho@sojovem.org
- **DEVELOPMENT AND INITIATIVE (UA)** – office.development.initiative@gmail.com



ABOUT THE ORGANIZER

- **DOREA Educational Institute** is a non-profit organization established in 2012 in Limassol, Cyprus offering training solutions for people in need as well as working professionals throughout Europe.
- DOREA Educational Institute is a team of highly qualified and experienced EU project management and non formal education and training professionals who offer a diverse portfolio of services. DOREA provides a complete range of continuous professional development, training, and project application advisory services for schools, adult education centres and other organisations from all over Europe.
- DOREA is also an international training course provider of Erasmus+ courses in various locations. During the last 7 years alone we delivered more than 500 courses under ERASMUS+ KA1 staff mobility courses.





DON'T HESITATE TO CONTACT US!

