



CQ is the new IQ

Training Course

22 September - 30 September 2019

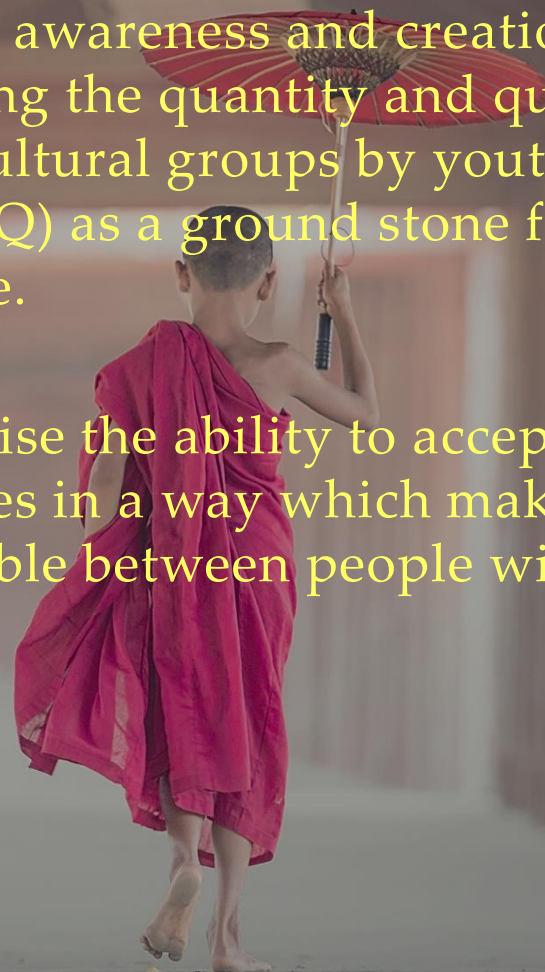
LIMASSOL CYPRUS

Introduction

The project strives to promote awareness and creation of inclusive societies by increasing the quantity and quality of youth work done with multicultural groups by youth workers using Cultural Intelligence (CQ) as a ground stone for understanding and acceptance.

The intelligence would comprise the ability to accept and understand cultural differences in a way which makes sincere and intense cooperation possible between people with differing cultural backgrounds.

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Main Objectives of Training

- To introduce the concept of Cultural Intelligence to youth organisations and youth workers
- To show how Cultural Intelligence can be used as a tool to foster acceptance of different cultures which would result to creation of inclusive societies
- To equip youth workers, teachers, social workers etc. with the necessary skills-set to work with multicultural groups of young people as well as to prepare the young people to live/work in intercultural environment themselves
- To improve youth workers' coaching and workshop design skills for them to be able to transfer the knowledge to youth in better/attractive to youth way



Methods Used

EXPERIENTIAL LEARNING

learning by doing

COACHING

allow to develop the capacity to question yourself and find answers to individual needs

INFORMAL LEARNING

learn from each others' real working experiences

SYSTEMIC WORK

perceiving the relationships between individuals and their environments

SOMATIC WORK

communication, creating connection, cooperation and emotional management through non-verbal ways





Participants' Profile

CQ is new IQ is created for Youth workers, volunteers and staff, that want to gain to gain competences in order to improve the quality of youth work done by them in their organisations in general, with the aim to act as multipliers and transfer their skills and spread cultural awareness and acceptance, as well as idea of inclusive society to the young people they work with.

This training is for you if:

- You are a youth worker who has at least 6 months of working experience
- Your work involves young people working with young people coming from disadvantaged background, immigrants & refugees)
- You have the willingness to improve your professional performance, by developing your own CQ toolkit
- You have a good level of English given the input and tools
- You are over the age of 18

A vertical strip on the left side of the slide features several traditional Chinese lanterns. The top lantern is red with a yellow floral pattern. Below it is a purple lantern with a silver floral pattern. The bottom lantern is green with a silver floral pattern. They are all hanging and illuminated.

Programme of the training

The program of the training is built in such a way that there is progressive step-by-step learning by doing and it is adapted to the learning needs of the group. For every step, the learning will be done by putting the content into practice, so that it is practically exercised and not only theoretically discussed.

The program blocks are the following:

1. First Steps

First steps will be taken to equip participants with the necessary skills-set to work with multicultural groups of young people

3. CQ as a tool

Participants will learn how CQ can be used as a tool to foster acceptance of different cultures and inclusion

2. Cultural Intelligence

The concept of Cultural Intelligence will be introduced to youth organizations and youth workers

4. Learning by Doing

During the Training Course, promotional videos for cultural awareness and acceptance (CQ) will be created

Your Involvement

By applying for this training course you accept and agree to fully participate in all phases of the training that includes:

- establishing your own Personal Learning Plan (PLP) as a preparation before the training to fully participating in activities during the training
- taking a part in the evaluation after the training
- **organising follow up workshop** about CQ in your country



Dates

22 SEPTEMBER 2019 - ALL DAY

Arrivals

23 SEPTEMBER 2019 - 12:00

Start of the training

29 SEPTEMBER 2019 - 17:00

End of the training

30 SEPTEMBER 2019 - BEFORE 11:00

Departures

Costs

- Accommodation, food, training materials are provided.
- Travel Reimbursement: if you are coming from Italy, Lithuania, Estonia, Italy, Poland, Spain – 360 euros;
If you are from Slovenia, Slovakia, Bulgaria and Greece – 275 euros



Accommodation

You will be hosted and catered at the MONIATIS hotel (triple & quadruple rooms) and the training will take place at the same hotel, thus allowing you to benefit of teamwork and exchanging good practices, etc.

[Click here for more information](#)



Travelling to Cyprus

Cyprus has 2 airports that participants can come to:

- Larnaca
- Paphos

Both airports are approx. 60km from Limassol. There are busses and shuttles going from the airports to Limassol and journey usually takes 40 min.

Low cost airlines such as Wizzair fly to Larnaca and Ryanair to Paphos.



Partners

If you want to receive more details about the project before applying, feel free to contact our partner organization from your country of residence. Furthermore, you will get the confirmation letter with the practical details regarding the online preparation and the training itself. Do NOT book your tickets unless you receive a confirmation letter from us.

DOREA EDUCATIONAL INSTITUTE – Viktoria Triuskaite (info@dorea.org)

BALTIC SELF-DEVELOPMENT CENTRE – Ana Buleviciene (info@balticsdc.org)

ASSOCIATION FOR DEVELOPING VOLUNTARY WORK NOVO MESTO – Mitja Bukovec (mitja.bukovec@drpdnm.org)

SEIKLEJATE VENNASKOND – Karolina Lohmus (Seikleja.karolina@gmail.com)

SCAMBIEUROPEI – Rosalia Marchese (tesseramento@scambieuropei.com)

STOWARZYSZENIE SZTUKATER – Justyna Szpotan (info@sztukater.pl)

SDRUZHENIE WALK TOGETHER – Vilislava Metodieva (walktogetherbulgaria@gmail.com)

YOUTHFULLY YOURS SK – Ivan Rosa (rosa@youthfullyyours.sk)

ASOCIACION K'MON – Onhilda Benítez Gómez (onhilda@aol.com)

SOLIDARITY MISSION – Anna Cheimona (training@solidaritymission.org)





About the organizer



DOREA Educational Institute is a non-profit organization established in 2012 in Limassol, Cyprus offering training solutions for people in need as well as working professionals throughout Europe.

DOREA is one of the largest training provider of ERASMUS+ staff mobility training courses, operating in 12 countries in Europe with headquarters in Cyprus. Over the last 5 years alone DOREA has delivered more than 50 courses under LLP & Grundtvig IST (the predecessors of ERASMUS+) and about 250 courses around Europe (Cyprus, Greece, Spain, Italy, Portugal, Czech Republic, France, Bulgaria, Croatia, Hungary, Ireland, United Kingdom) under ERASMUS+ KA1 programme.

Moreover, DOREA is also an intermediary/hosting organization for learners & staff from Vocational Education & Training (VET) providers, such as technical colleges, universities of applied sciences, technical lyceums, etc. Our intermediary/hosting services for VET learners and staff are taking place in the sunny and cosmopolitan island of Cyprus – Limassol.

Are you ready to join us?

