

YOUTH EXCHANGE

**STOP WASTING TIME
DO MORE BE MORE!**



INSTYTUT
RÓZDZIŃSKIEGO



STOP WASTING TIME - DO MORE BE MORE!

It's youth exchange organized by young people from Poland, Lithuania, Italy, Cyprus, Romania and Czech Republic. We want to focus our activities on the problem of wasting time, which particularly applies to the young people living in well-developed countries. As a citizens and young Europeans, we want to be more active and productive to live fully. We want to explore this issue from different perspectives - starting from personal experience to cultural implications. Using different methods (case studies, Oxford debates, open space debates, group work, outdoor games, cultural evenings etc.) we will be learning about cultural diversity, heritages and discussing about the main topic.



AS A RESULT OF OUR PROJECT, WE EXPECT TO CREATE A LOT OF PRACTICAL SOLUTIONS FOR MENTIONED ISSUE AND RAISE THE LEVEL OF KNOWLEDGE OF OUR PARTICIPANTS CONNECTED WITH TIME MANAGEMENT.

PRACTICAL INFORMATION



WHEN?

**12TH - 20TH DEC.
2017**

WHERE?

WISŁA&KATOWICE
Poland

FOR WHO?

**FOR EVERYONE AGED
BETWEEN 18 AND 24
YEARS**

Leader without limit.

COSTS

All costs of the exchange are covered by hosting organization - the only exception is obligatory insurance. Costs of transport will be returned to the participants after the exchange (if possible, we'll be grateful to make only ONE TRANSFER TO ONE PERSON FROM THE GROUP, f.ex. the leader). Please note that the MAXIMUM AMOUNT of money we can give back for the transport for one person (return ticket) are different for each country.

More information below:

Poland: 20€

Lithuania: 275€

Cyprus: 360€

Italy: 275€

Romania: 275€

Czech Republic: 180€



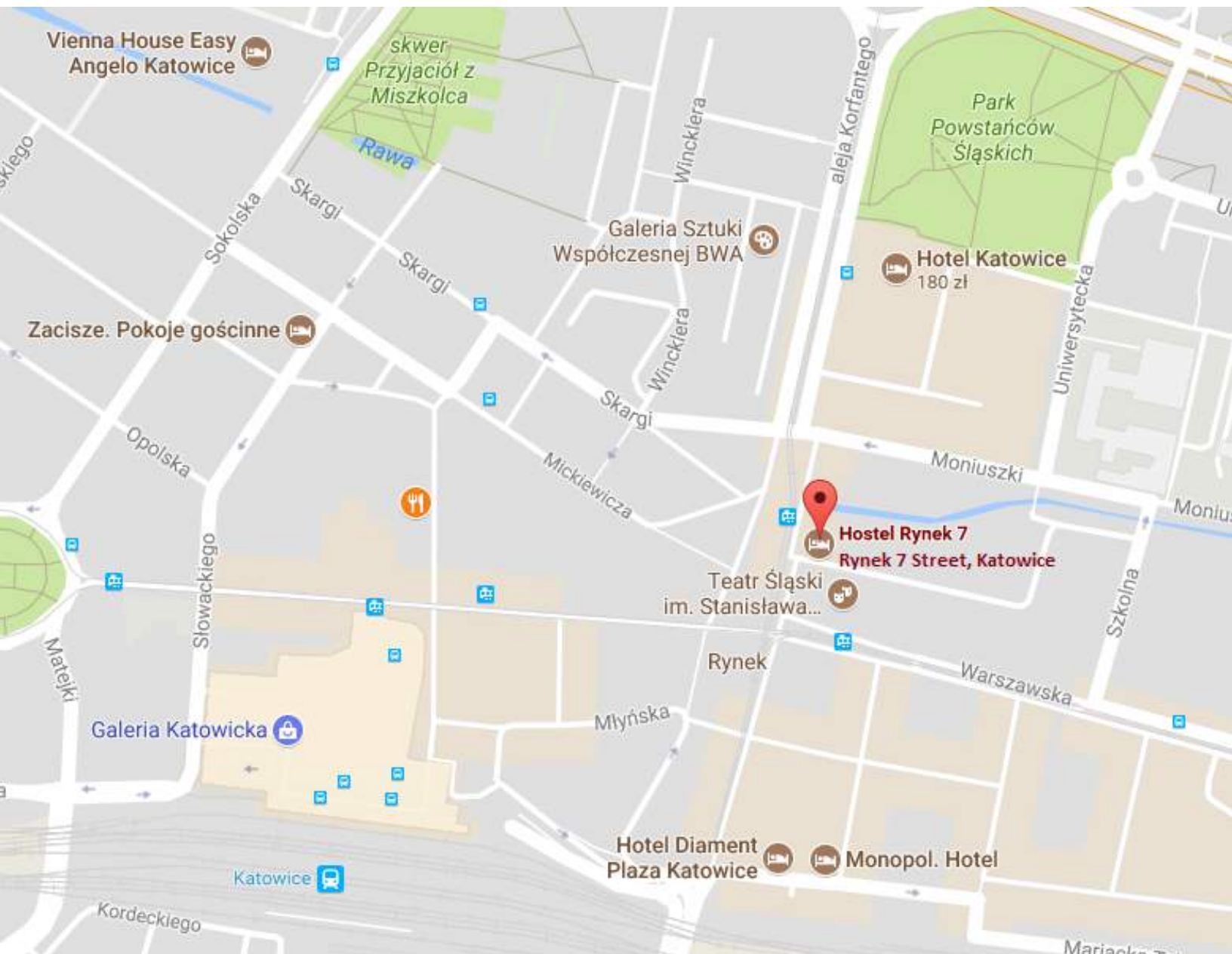


ADDITIONAL INFORMATION:

Please note that December is a beginning of the winter, so be prepared for weather such as: temperature around or even under 0 degrees Celsius, wind, rain and snow.

During APV we particularly want to discuss the program of the exchange and share ideas of workshops. We will give you our brief ideas and want to compare it with your expectations. Please remember that each group will have some tasks before the exchange and will have to prepare some workshops.

**DURING APV WE'LL BE ACCOMMODATED
IN THIS SAME HOSTEL IN KATOWICE AS
DURING THE EXCHANGE. PLEASE FIND
SOME DIRECTIONS HOW TO GET THERE
FROM MAIN RAILWAY AND BUS STATION
IN KATOWICE:**





**FOR ANY MORE
INFORMATION FEEL
FREE TO CONTACT
KAROLINA RZEPECKA
VIA EMAIL:
KAROLINA.RZEPECKA
@PROTONMAIL.COM.**



**INSTYTUT
ROZDZIENSKIEGO**